**Canned Goods and Boxed Foods**

* soup
* tuna
* canned meats
* ravioli/Spaghetti O’s
* spaghetti sauce
* tomato sauce
* canned fruit
* spaghetti in a box
* complete dried dinners
* macaroni and cheese
* Hamburger Helper
* instant potatoes
* stuffing
* Shake-n-Bake
* bread crubms
* pancake mix